

SHAKE PARTY

We promise you'll have FUN and you'll get some delicious and fun ideas for ways to keep and even improve your health!

• **Sample healthy SNACKS!**

• **Sample all kinds of DELICIOUS meal replacement and dessert shakes**



• **Sample Protein Bars**

• **Bring your appetite!**

You're Invited!



DAY _____

DATE _____

TIME: _____ HOSTESS: _____

PLACE _____

PHONE: _____